Adding Humor to Your Presentation

Humor can turn awkward situations into enjoyable experiences. Laughter eases the tension of a difficult situation.

START ON A FUNNY FOOT

Establish the atmosphere right from the start. Every session should start off on a high to set the stage for the rest of the session. Be positive and add appropriate humor to:

- Relieve nervousness participants may feel
- Establish the environment for the remainder of the session
- Get participants' attention
- Model that although the session is serious, there is a place for fun

DEFUSE UNEXPECTED SITUATIONS

Use humor to defuse unexpected situations. Humor can turn awkward situations into enjoyable experiences. Laughter eases the tension of a difficult situation.

GET PARTICIPANTS IN ON THE ACT

Incorporate games, ice breakers, end energizers that will get participants in on the act.

PROFESSIONAL
DEVELOPMENT

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